



Little Shell Tribe of Chippewa Indians of Montana Newsletter

Chairman's Corner

Aanii (Hello)!

Each May or Waabigoni giizis (flower moon) I always find myself scheduling celebrations and planning outdoor activities and gatherings. This month is no different for the Little Shell Tribe. Tribal Council and staff are busy planning for the upcoming summer months.

During the fall and winter, Tribal Council laid plans to acquire additional land on and near Hill 57 or Mount Royal to support upcoming Tribal celebrations. This includes the annual Little Shell Elders & Veterans Powwow August 24-25, 2024. Tribal Council and the Powwow Committee are looking forward to welcoming Little Shell members and families to enjoy Powwow and all the activities at a new powwow arbor. Design and construction on the arbor are supported by the Little Shell Tribe and Montana Tourism Grant Program. The arbor will provide a permanent structure to support cultural activities and annual celebrations for generations to come. This initial construction also brings power to the tribally owned property and creates a foundation for improvements in the coming years.

Land acquisition and management have been top priorities for Tribal Council in the last four years. In addition to the historical acquisition of Mount Royal, the Little Shell Tribe has acquired property adjacent to the Miijim Program Building with long-range plans to develop a housing subdivision for Little Shell tribal members. Housing developments do not happen overnight, but Tribal Council is committed to seeking community input and creating a division that includes outdoor and community gathering spaces in addition to affordable housing options for members and families.

I am looking forward to the warmer, longer days and gatherings to celebrate our members and community. More importantly, I hope everyone will plan to join Little Shell Elders and Veterans for the annual powwow in August.

Miigwech (Thank you), Chairman Gerald Gray



Figure 1 Powwow Arbor Sample Design



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**Little Shell Tribal Health
hosts
Traditional Herbs and Medicines Virtual Presentation
with Terryn Williamson,
Cultural Specialist with
Butte Native Wellness Center**



*May 17, 2024
at
2:00 PM via Microsoft Teams*

Yarrow and Red Indian Paint



Call 406-315-2400 ext. 110 for more information



**CROCKPOT
CREATIONS**



YOU WILL RECEIVE:
DIABETES EDUCATION
DIABETIC FRIENDLY RECIPES
CROCKPOT
INGREDIENTS FOR MEAL
MEAL

**Monday May 13, 2024
5:30pm - 6:30pm**

**Little Shell Elder's Center
1529 Stuckey Rd
Great Falls, MT 59404**



***SIGN UP REQUIRED,
SPOTS ARE LIMITED -
PLEASE CONTACT SARAH GAINES
PH: 406-315-2400 EXT. 106
EMAIL: S.GAINES@LSTRIBE.ORG**

Follow us on Facebook

Little Shell Tribal Health



Ribbon Skirt Class



**Sunday May 26,
2024
1pm
LST Tribal Office
615 Central Ave W
Great Falls, MT
59404**



Limited spots available. To sign up please contact Kirstin @ 406-315-2400



Get ready to shout "BINGO!" and win some cool prizes at this fun-filled event.

**MAY 16TH, 2024
DOORS OPEN AT 6PM
LITTLE SHELL ELDER'S CENTER
1529 STUCKEY RD
GREAT FALLS, MT 59404**

Light snacks will be provided.
Not for cash. All ages welcome!

SOUP N STORY

MAY SPEAKER:

**LOUELLA
FREDERICKSON**

**Saturday May 11, 2024
2pm - 4pm**

**Little Shell Elder's Center
1529 Stuckey Rd
Great Falls, MT 59404**



Better Together



LaVonne Grosser
Little Shell Tribal
Health



Edma Carlile Morgan
PharmD
Little Shell IHS



SAVE A LIFE

Learn to administer Naloxone to reverse drug overdose.

FREE

Raffle Prizes

FREE

Everyone is Welcome to Attend
Call 406 315 2400 Ext 127 to sign up

May 2nd 2024
6:00 - 7:30pm
Little Shell Clinic
425 Smelter Ave NE

Buffalo Strong Teens peer support group working together learning about sacred circles, sacred plants, and holistic healing



Buffalo Strong Boys and Girls Club group learned more about the 7 Grandfathers teachings and some history of Native American Art

**Little Shell Tribal Health
and
Little Shell IHS collaboration to
provide opioid education and
Naloxone training**



**Harm Reduction
supplies are now
available to order by
scanning this code
and sending your
request by email**



Food Distribution

Exciting News about the Little Shell FDPIR Program



LEARNING HOW OUR PROGRAM IS HELPING THE COMMUNITY.



We have fourteen active households.

Twenty two participants.

Which equals to over 850 pounds of food with a month of being opened.

We have served over 112 tribal members with food boxes through our Meat and Greet events.

INFORMATION



AMERICAN INDIAN
Commercial Tobacco Quit Line

1-855-5AI-QUIT

MTAmericanIndianQuitLine.com

MY LIFE
MY QUIT[™]
mylifemyquit.com
1-855-891-9989

**American Indian Commercial
Tobacco Prevention**



Honoring Sacred Tobacco and Sustaining the
Health and Wellness of Indigenous People

Join us in a Domestic
Violence Education
and Support Group.

Every other Tuesday
6pm - 7:30pm

Believe survivors:
our resilience is rooted in wisdom
and woven with strength and unity.

Violence Is Not Traditional

PLEASE CONTACT KASEY TO REGISTER

(406) 315- 2400 EX. 132
K.SCHINDELE@LSTRIBE.ORG



Intimate Partner Violence

Gender-based institutionalized system of over-lapping continuous violent tactics used to maintain power & control



MALE PRIVILEGE

Treats her like a servant. Makes all the big decisions. Acts like the "king of the castle." Defines men's and women's roles.

ISOLATION

Controls what she does, who she sees and talks to, what she reads. Limits her outside involvement. Uses jealousy to justify actions.

INTIMIDATION

Makes her afraid by using looks, actions, gestures. Smashes things. Destroys her property. Abuses pets. Displays weapons.

EMOTIONAL ABUSE

Puts her down. Makes her feel bad about herself. Calls her names. Makes her think she's crazy. Plays mind games. Humiliates her. Makes her feel guilty.

MINIMIZE, LIE AND BLAME

Makes light of the abuse and doesn't take her concerns seriously. Says the abuse didn't happen. Shifts responsibility for abusive behavior. Says she caused it.

USING CHILDREN

Makes her feel guilty about the children. Uses the children to relay messages. Uses visitation to harass her. Threatens to take away the children.

ECONOMIC ABUSE

Prevents her from working. Makes her ask for money. Gives her an allowance. Takes her money. Doesn't let her know about or access family income.

COERCION AND THREATS

Makes and/or carries out threats to do something to hurt her. Threatens to leave her, to commit suicide, to report her to welfare. Makes her drop charges. Makes her do illegal things.

CULTURAL ABUSE

Competes over "Indianness." Misinterprets culture to prove male superiority/female submission. Uses relatives to beat her up. Buys into "blood quantum" competitions.

RITUAL ABUSE

Prays against her. Defines spirituality as masculine. Stops her from practicing her ways. Uses religion as a threat. "God doesn't allow divorce." Says her period makes her "dirty."

Except for male privilege, tactics are not listed in order of use or power.

UNNATURAL POWER & CONTROL

LST HOUSING



Little Shell Tribe
of Chippewa Indians

APPLIANCE REPLACEMENT PROGRAMS



The Tribe is Offering Two Appliance Replacement Programs

HUD Appliance Program

- Open to Little Shell tribal homeowners **living in Cascade County**
- Little Shell **Elders 62 years+**
- Appliances replaced if not energy efficient
- Low Income Household
- Funding for program is not limited

Appliances Offered:



Washer



Stove



Dryer



Dishwasher



Hot Water Heater



Refrigerator

Pembina Appliance Program

- Open to Little Shell tribal homeowners **living in Montana**
- Little Shell **Elders 62 years+** or Members with **long-term disability**
- Appliances replaced only if not working or member does not have the appliance
- Low Income Household
- Funding for program is limited

Appliances Offered:



Stove



Refrigerator



Furnance

GET IN TOUCH

(406) 315-2400 Office
(406) 315-2401 Fax

LittleShellHousing@lstribe.org
www.montanalittleshelltribe.org

511 Central Ave. W.
Great Falls, MT 59404

Aanikoobijigan

One word that can span seven generations of kinship...

The ancestors of the Little Shell believed in an interconnected balance among all generations – living, past, and future.

